



THE INFO PACK

The background of the entire page is a vibrant, out-of-focus image of many hands of various skin tones raised in the air, creating a sense of unity and community. The colors are warm and bright, with a bokeh effect in the background.

Empower of youth

partners

- CZECH REPUBLIC
- ITALY
- GREECE
- POLAND

**youth
exchange**

14 - 23.09.2019

BYTOM, POLAND

Description

The "Empower of youth" project is a youth exchange , created by the youth from Poland, Czechia, Greece and Italy. The project aims is to promote volunteering. It is also about self-development and self-awareness of young people about their skills and competences. The essence of it is to make young people aware that they need to develop. During the exchange participants will be able to practice their abilities in practice. During workshop and field games they will be able to know themselves. Also experience in meeting with volunteers will open up new opportunities for them. The aim of our project is to promote by us and our colleagues the competences necessary for active participation in social and professional life. We want this project to be able to focus on personal development and activation in professional life.

The basic goal is to increase our chances on the labor market by realizing what key competences and soft skills are and how to stimulate them. We want to show alternative opportunities to gain knowledge and experience-volunteering Young people, aged 16-19, will take part in it, representing organizations from four European countries: the Czech Republic, Italy, Greece and Poland. A total of 37 people. We will be very culturally diverse. Most of the participants will belong to young people with fewer opportunities due to social, economic and geographical obstacles. The Greek group will involve people from the refugee community. All workshops and meetings will be conducted through non-formal education, with the active participation of all participants.

The result of the project will be films, posters, iconographies promoting competence , self-development and volunteering. There will be also special promotional campaigns which will be prepare by participants. They can use it to promote their work on exchange. In addition, after analyzing the situation in their cities and regions regarding the situation of volunteering, the participants decided to prepare VOLUNTEERING STRATEGIES FOR TOWNS. It will be a summary of their research and work during the exchange. Strategies will be guidelines and point out good practices from other cities. Participants will also work with the road map method in creating a volunteer route and creating a volunteer code. We expect real impact on the local community in our cities and region. Participants will work better in their local environments.

Rules

Costs of participation

based on the funding rules of the Erasmus+
Programme

NUMBER OF PARTICIPANTS for APV

2 participants (leader+participant)

NUMBER OF PARTICIPANTS for Youth Exchange

8 participants + 1 leader

Date & Place

APV

17-18.08.2019,
BYTOM, POLAND

YOUTH EXCHANGE

14-23.09.2019,
BYTOM, POLAND

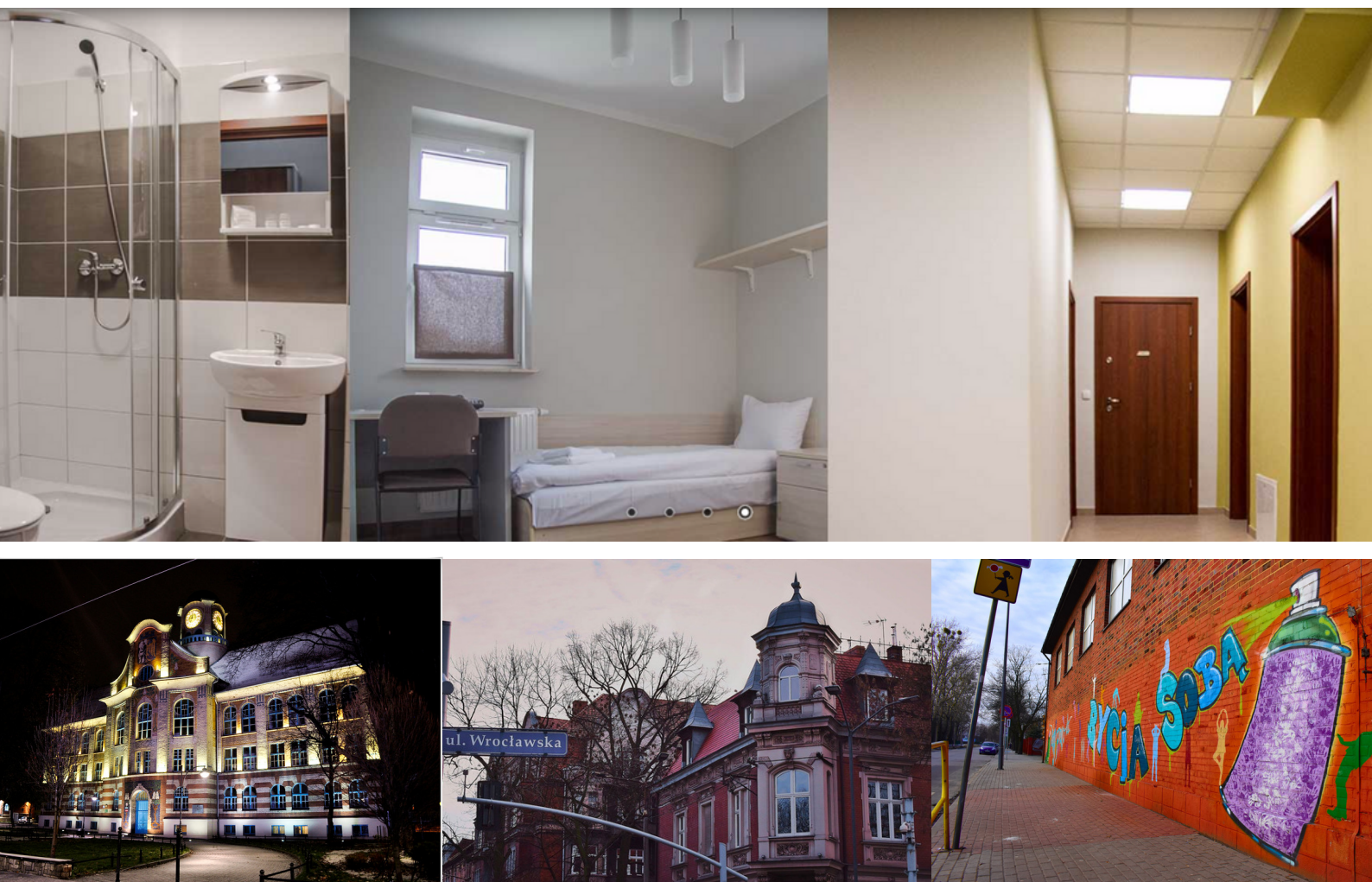
Accommodation

Guest Rooms ROZBARK

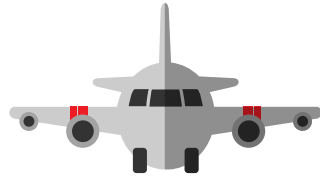
Tuwima 15c
41-902 Bytom



<http://www.teatrozbark.pl/pokoje-goscinne,25>



Travel



If You came by plane - fly to Katowice Airport (it is nearest airport to place of the project). Alternatively you can use Krakow airport with additional bus or train transfer to Katowice.

First (14.09) and last (23.09) days are travel ones. We start activities on 7 pm with dinner on the first day and finish with breakfast on the last day.

Rooms are available from 4 pm to 11 am.

Don't buy the tickets before consulting with us.

Keep all travel documents (tickets, e-tickets, boarding passes, invoices) and bring it with you to the project.

Reimbursement will be done by bank transfers on one account per group. It will be provide after seminar (in 1 week time), after collecting all documents and signing all lists. Condition for reimburse is to active participation in all activities and result disseminate.

If sth is unclear, please don't hesitate to contact with us.

FEIS

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Rates

Costs of transport based on the funding rules of the Programme.

Rate for participant from:

- Italy – 245 Euro /participant
- Greece – 245 Euro /participant
- Czech Republic – 150 Euro /participant



*From above amounts we have already cut local transport cost for the trip from Katowice Airport to the hotel (both way).

Other info

Each participant should be insured, that mean:

- for Polish participants use of their school insurance, if they do not have one they should cover it by themselves
- for participants from EU possess of EHIC card (the European Health Insurance Card could be obtain for free for every European).

Each participant should remember that:

- alcohol drinking is prohibited during the seminar (some of participants will be underage)
- facilitators take care of you for whole stay and it is not allow to object them or be out of the frame
- activities absence is prohibited (unless there is health or other force majeure reason)
- we have to respect each other and avoid any nasty behaviour



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of the European Union